

# LOCK IN EXPECTATIONS



**Please sign and return this form to Rock Ventures with your contract and Deposit! Thank you!**

## ARRIVAL: (7:30-7:45 pm) (Please arrive no earlier or later than this).

1. You will be instructed to put sleeping bags, clothing, helmets, etc. in certain area.
2. Please leave ALL food and drink outside Rock Ventures – no exceptions.
3. One or more adults supervise youth and help us enforce: a. no running, b. nobody in cave or on walls, c. NO horseplay!

## PAPERWORK HANDED IN and ADULT MEETING: (7:45-8:00pm)

1. Waivers with parent signatures if under 18 yrs are to be turned in. The participant lines signed by participants, both front and back if belaying, taking time to fully read and understand the entire waiver. Waivers must be completely and neatly filled out. Misrepresentation or falsification of waiver signatures and/or information may be a criminal offence and will be prosecuted. Adult leaders are personally accountable for checking and confirming this for each of their group participants.
2. Numbers are to be confirmed, balance to be paid, pizza ordered before youth meeting. ANYONE who puts on a harness and climbs (1) one or more times, goes in the cave, belays, or boulders (even for a short time) WILL PAY SAME PRICE AS A PARTICIPANT (No exceptions)! Groups will also clean up the gym in the morning, please refer to Number 8 below for details.
3. Chaperones who agree to lifeguard and assist with policing and who agree NOT to do any of the above, will not be charged. ALWAYS a big issue ... please discuss this with adult leaders ahead of time. ALL chaperones (even if they do not stay the entire night) are required to complete a waiver. We thank the chaperones for their time and efforts to make the lock in a success!
4. Merit Badge for Scouts, Ropes Course and/or elements, Rappelling are OPTIONS FOR ADDITIONAL CHARGE and should have been agreed upon and paid for, at least two weeks prior to event.
5. Participants under 12 years of age do not belay. They get to climb more than others! They cannot belay for climbers but can learn how to climb better and have lots of fun!
6. Go over agenda for the lock in. Additional adult meetings may be necessary throughout the evening as status checks on the event.

## YOUTH MEETING: (8:00-8:15 PM EVERYONE PRESENT)

1. Welcome and Introductions
2. Expectations: OURS/YOURS
3. Rules (no running, no outside food or drink, helmets on EVERYONE, back-up belayer for ADULT and YOUTH belayers.
4. INTRO COURSE, CLIMBING, PIZZA TIME, LIGHTS OUT, WAKE-UP AGREED ON TIME, CLEAN-UP ASSIGNMENTS, AND PHILOSOPHY AGREED UPON.
5. If you are climbing (with or without rope) and/or belaying you are considered a participant.
6. ALL ADULTS AGREE to POLICE, LIFEGUARD and not just sit at tables, talk with one another..... ignoring participant safety and behavior concerns.
7. Lights out time agreed on (when one adult “policeman” sleeps the lights go out)
8. CLEANING in the morning includes mopping everywhere, vacuuming, cleaning bathroom floors, mirrors, sinks, toilets, wet wiping/drying all railings, cleaning pizza warming area, all garbage taken out. Take only pictures....leave not even foot prints©. Same procedure as if you rented a building at your camp or other facility. Get consensus on this.
9. Late arrivals will have ALL THESE RULES read and agreed upon by CONTACT PERSON!
10. If chaos or safety concerns are seen by RockVentures leaders the RV instructors have been trained to ask everyone to get off the walls, get into a large circle, and discuss why participants including adults are not following rules, what can be done to enable event to continue, etc. Late hours, sugar, caffeine, adolescence can bring this concern out. Thanks for assisting us BEFORE we are forced to get event under control with group meeting.

## ROPE HOLDER INTRODUCTORY COURSE (8:15PM)

Taught in teams of three (mixing together age groups and maturity levels).

### **Safety problems and lifeguard concerns to watch out for:**

- |   |  |
|---|--|
| a. brake hand not down most of time                               | g. No squeeze check. Need to clip onto rope and harness properly! Safety checks not performed before EVERY climb! Safe use of auto belays: <b>only</b> those with blue cards can clip! |
| b. lowering is jerky or too fast or out of control                | h. Rope too loose on climbers, (Not following the <u>ONE ROCK AND STOP POLICY</u> for beginning belayers.)   |
| c. daisy chain on wrong side of leg or straddled, OUCH!           | i. Climber is lowered with back to wall; scraping or hitting back on rocks   |
| d. Belayer is not watching climber or is talking with others      | j. Teasing, non-supportive language, not letting climber come down   |
| e. Back-up belayer, not serious, not watching belayers brake hand | k. Running, Running, Running <u>NEVER PLEASE!</u>  |
| f. Harness too loose, belt buckle not checked BEFORE each climb   | l. Horseplay   |

**I agree with the above rules, expectations, participant definition, adult roles, cleaning expectations, and the food and drink policy. I have discussed and shared ALL OF THIS DOCUMENT with everyone coming to this event. I realize if I have not shared this information and received consensus this event may be delayed and less climbing achieved as a result. We look forward to you coming to Rock Ventures!!**

**Signature:** \_\_\_\_\_

**Printed Contact Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**RockVentures Management Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_